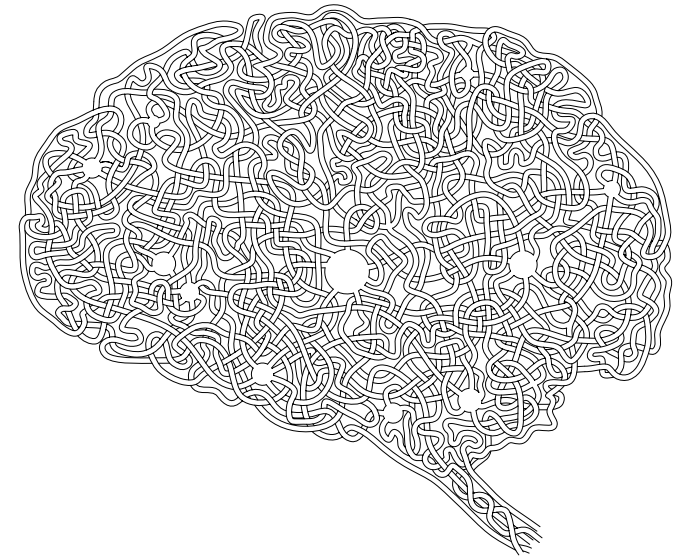


Knowledge is **power!**



A **free** educational
programme **about MS**

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ACKNOWLEDGEMENTS

The Multiple Sclerosis Society of New Zealand is extremely grateful to the National Multiple Sclerosis Society (USA) and MS Australia for permission to reproduce, adapt and deliver *Knowledge is Power* in New Zealand.

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ABOUT MSSNZ

The Multiple Sclerosis Society of New Zealand is a non-profit organisation that provides support, education and advocacy for people with MS and their support networks.

The Society provides a range of resources about MS, including a website, booklets on particular symptoms and treatments, a quarterly magazine, a lending library, MS research updates, MS news & events and now the *Knowledge is Power* education programme.

Contact us as follows:

MS Society of New Zealand Inc.
Level 2, 85 The Terrace
PO Box 2627
Wellington 6140

Phone: 04 499 4677

Fax: 04 499 4675

Email: info@msnz.org.nz

Website: www.msnz.org.nz

Facebook: www.facebook.com/mssnz

ms.

FreePost Authority Number 3722 Wellington

Knowledge
is **power!**

Knowledge is Power!
Multiple Sclerosis Society of New Zealand
PO Box 2627
WELLINGTON 6041



Knowledge is **power!**



The **Knowledge is Power** Programme is a free, at-home educational series for people newly diagnosed with multiple sclerosis (MS), their families, and support network.

Knowledge is Power was first developed in USA. It has been written by highly regarded professionals who know about MS and the effect it can have on your life and the lives of those around you.

It has been reviewed and adapted by MS Australia and used there. MSSNZ has recently reviewed it for the New Zealand context and is it now available here.

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The **Knowledge is Power** series provides up-to-date facts about many aspects of MS and is designed to give you information about how to do deal with one of the greatest challenges that MS presents—the unpredictability and uncertainty of what might happen in the future.

You can have **Knowledge is Power** delivered to your postal address. We will send you a new topic every week for 10 weeks to read in the convenience of your own home.

You will receive information about:

- What multiple sclerosis is
- Dealing with your diagnosis
- Disclosing your diagnosis
- Managing your MS
- Disease modifying drugs for MS
- Working with your doctor
- The impact of MS on your family
- Maximising your employment options
- Building and maintaining intimate relationships
- Parenting issues for people with MS

To sign up for **Knowledge is Power** —

- Fill out, tear off and post the registration form back to us (no stamp required); or
- Visit www.msnz.org.nz to register online. Select the **Knowledge is Power** logo to access the online registration form.

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**Yes, please register me for
Knowledge is Power!**

My contact details are:

First Name
Last Name
Postal Address
Postcode
Email

	Area Code	Number
Telephone		
Fax		
Mobile		

Tick (✓) as appropriate

- I was diagnosed with MSmonths/yrs ago
- My partner/family member has MS
- I am a caregiver for a person with MS
- I am a doctor/health professional
- Other (please specify)
.....

After your registration is confirmed, we will send you the first module of **Knowledge is Power** the following week and then one new Module a week for a further 9 weeks after that. We will send **Knowledge is Power** to a **New Zealand address only**. We will keep your personal details in a secure database and use them only for the purposes for which we collect them. We will not give them to any other organisation.